



Uplands MTB Classic and Trail Run

brought to you by
MTO Trails



FAX to Sandy **086 675 9464**
 Entry enquiries **Sandy Korb - 013 764 3500**
 Pre-entries close **Thursday 23 May**
 Late entry fee is **R50** (except 5km)

Enter online at www.cyclingsa-events.co.za
 sandy.korb1@gmail.com

Sunday 26 May

Banking Details:
 Lowveld Chain Gang
 Standard Bank – Sabie
 Branch # 053152
 Acc # 030392004

Registration and Line entries **Sat 25 May** 14h00 - 16h00 (at **Uplands Festival**)
 Registration and Late entries **Sun 26 May** 06h00 - 07h00

PARTICIPANT'S DETAILS

For official use only

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Name		Surname		
ID No		Gender	Male	Female
E-Mail				
Contact No		CSA Licence		

EMERGENCY DETAILS

Name		Mobile No		
Med Aid		Med Aid No		

Event Starts at 08h00 Cutoff at 13h00

AGE CATEGORY age as at 31 December 2019

55 km	MTB Classic	R 195		Male	Female
	Start 08h00		15 - 16 yrs	Youth	<input type="checkbox"/>
	Day License	R 35	17 - 18 yrs	Junior	<input type="checkbox"/>
			19 - 29 yrs	Senior/Elite	<input type="checkbox"/>
			30 - 39 yrs	Sub-Vet	<input type="checkbox"/>
			40 - 49 yrs	Vet	<input type="checkbox"/>
			50 - 59 yrs	Master	<input type="checkbox"/>
			60 yrs +	Grand Master	<input type="checkbox"/>
<small>** Cycling SA requires each rider to hold a license whilst participating in any timed event or distance in excess of 20 km **</small> <small>Prizes will be awarded for race age category positions listed</small>					

30 km	MTB Challenge	R 150		Male	Female
	Start 08h20		13 - 14 yrs	Sub-Juniors	<input type="checkbox"/>
	Day License	R 35	15 - 16 yrs	Youth	<input type="checkbox"/>
			17 - 18 yrs	Junior	<input type="checkbox"/>
			60 yrs +	Grand Master	<input type="checkbox"/>
			19 yrs +	Open Men/Women	<input type="checkbox"/>
<small>Prizes will be awarded for race age category positions listed</small>					

15 km	MTB Fun Race	R 80		Male	Female
	Start 08h30		10 yrs and less	Nippers	<input type="checkbox"/>
			11 - 12 yrs	Sprogs	<input type="checkbox"/>
			13 yrs and over	Fun Men/Women	<input type="checkbox"/>
<small>Prizes will be awarded for race age category positions listed</small>					

15 km	Trail Run	R 120		Male	Female
	Start 08h40			<input type="checkbox"/>	<input type="checkbox"/>
<small>Prizes will be awarded for race age category positions listed</small>					

5 km	Fun Run	R 90		Male	Female
	Start 08h50			<input type="checkbox"/>	<input type="checkbox"/>
<small>Prizes will be awarded for race age category positions listed</small>					

Indemnity:
 "Mountain biking and trail running are dangerous. Participants in this event and all functions and events related thereto take part entirely at their own risk and agree, by their participation as well as by their signature hereto, that they and their dependants do not have, and will not institute, any claims whatsoever against, and do hereby indemnify and hold harmless from all liability, CyclingSA, mountain bike commissions, organizers, other participants, sponsor s, individuals, officials, marshals, assistants, helpers, agents, contractors, landowners, local authorities or employees of such persons and any person associated with the event in respect of any loss whatsoever which participants may suffer arising from any cause at all, regardless of whether or not the accident shall have been caused directly or indirectly by negligence, albeit gross, of any person. Persons signing this form for or as a guardian of a minor consent to such minor being bound by the foregoing and further indemnify the organizers and aforementioned parties to the extent, if any, to which such minor is not bound."

SIGNATURE :